

# **Grab & Go**

## **Hot**

**Egg & Cheese Sandwich** (\$8) Add Bacon or Sausage or Ham (\$2)

**Egg White Spinach Wrap** Low Fat Muenster Cheese (\$9)

**Omelet** Choose from Cheddar, Mushroom, Onion, Tomatoes or Scallions (\$8)

**Smoked Salmon & Cream Cheese Bagel** (\$12)

**French Toast** Maple Syrup (\$8)

**Stone Ground Oatmeal** (\$6)

**Multigrain Toast or English Muffin or Bagel** (\$2)

**Breakfast Potatoes** (\$4)

**Bacon or Sausage or Turkey Bacon** (\$3)

**Croissant or Chocolate Croissant or Daily Muffin** (\$3)

## **TO-GO**

**Ham & Brie Baguette** \$10

**Smoked Salmon** Tomcat Bakery Multigrain Bread, Cream Cheese (\$12)

**Mediterranean Pasta Salad** Penne, Peppers, Tomato, Feta Cheese (\$10)

**Creamy Potato Salad** (\$6)

**Chicken & Quinoa Grain Bowl** Roasted Vegetables, Lemon Vinaigrette (\$12)

**Parfait** Yogurt, Granola, Berries (\$6)

**Seasonal Fruit** (\$6)

**Assorted Cereals** (\$5)

**18 Rabbits Gluten Free Granola Bar** Chocolate Cherry Flavor (\$6)

**La Fermerie Artisinal Yogurt** (\$5)

**Raw Juicery Vegetable Juices** (\$8)

**Smoothie of the Day** (\$6)

**Gluten Free Chocolate Chip Cookie** (\$3)